

## LESSON 2 – A Road Map “Map of Life”

housing, transportation, food, insurance, etc.

### Overview:

Knowing "who you are" is an essential task in life; however, setting goals and making plans to achieve them are even more important. It requires a lot of efforts, commitments and self-disciplines. It makes you become who you (future) are.

### What Would Jesus Do:

**What is Jesus' Goal?** *Death was His goal and fulfillment of His life. He came to the world to die for us so that we can live.*

#### What about Jesus' Plans?

*Then he summoned his twelve disciples and gave them authority over unclean spirits to drive them out and to cure every disease and every illness (Matthew 10:1)*

*...Jesus began to show his disciples that he must go to Jerusalem and suffer greatly from the elders, the chief priests, and the scribes, and be killed and on the third day be raised (Matthew 16:21)*

- 1. Explore It** - It's never too early or too late to begin your search about what you would like to be and things you like to do. Some people have a really good idea of what they want while others are still exploring the many possibilities.

So do you know what you want to be? What about your goals? To get to anywhere, everyone needs goals. You can always change your goals. But you should always have some and have plans to achieve them.

Here is a list of goals you can start with:

- **Spiritual life goals:** focus on interactions and relationships with God, my soul's attitudes and my soul's health conditions
- **Social life goals:** focus on interactions and relationships with others, my attitudes and my health conditions.
- **Academic goals:** what degrees do I want to achieve? What schools do I want to go? What tests do I have to prepare?...
- **Career goals:** what do I want to be? doctor, pharmacist, teacher, professors, priest, nuns, engineer, etc...
- **Financial goals:** making a big purchase and spending wisely.
- **Material goals:** things that you want such as nice clothes, electronic equip./devices, vacations, etc. and things that you need:

- 2. Record It** – Let start brainstorming and recording your goals and action plans.

My Goals	My Action Plans
<input type="checkbox"/> To unite with the Eucharist daily, to protect and to spread the Eucharist	<input type="checkbox"/> I will pray often and receive the Eucharist daily
<input type="checkbox"/> To learn God more, to love God more and to serve God more so that I can become a good servant leader	<input type="checkbox"/> I will read Bible ____ minutes everyday. <input type="checkbox"/> Study Catechism <input type="checkbox"/> Read Catholic books and Church's teachings
<input type="checkbox"/> To learn how to love Maria like Jesus loves her	<input type="checkbox"/> I will pray the Rosary ____ times a week
<i>turn to the back and continue...</i>	

- 3. Share It!** (group sharing) it is time to share with your friends at least 2 of your goals
- 4. Do It!** (home assignments)
  - Review and refine all your goals and actions from the list above
  - Make a **contract with God** and bring it with you next week to meet **your Mentor**
  - Prep yourself before meeting your Mentor by receiving the reconciliation sacrament.