

# A Road Map "Map of Life"

## Objectives

Help students to set their goals, make a map of their life, then sign a Contract with God afterward.

## Materials Needed

- [Lesson 2 - A Road Map "Map of Life"](#)
- a [Contract with God](#)

## Contents/Activities

1. Begin with a prayer (*Ask a volunteer to say a prayer before starting with the Cross*)
2. Briefly review last week lesson "Who Am I?": "Last week, we have explored and learned about you. Things that you CAN'T and CAN change about you. It is all about your past and present.
3. Then lead them to today's lesson: "Today's lesson is about your future - about things you can plan and change. It is a Road Map - *Map of Life*. This is where you can set your goals to change your life and to become what you want to be"
4. Continue with "As I mentioned before: We should always check to see what would Jesus do?" Did Jesus have a goal and plans to achieve it?"
5. State Jesus' goal from the lesson.
6. Invite students to stand up and listen to the Words of God to find out Jesus' plans. Again, you can ask a volunteer to read to the class; remind him/her to read it slow and loud.
7. Go over key points in *Explore It* section and explain different kind of goals and priority of goals. The lesson lists most important goals from top to bottom. Students can re-order them if desired.
8. Allow 5 minutes for students to work on one or two goals and actions in the *Record It* section. They can finish them later at home.
9. Group sharing (10-15 minutes): each student should have 1-3 minutes to share his/her goal (1 or 2) and action plans to his own group. Instruct team leaders to lead a group and to keep track a time.

## Assignments

- Prepare for next week: "*Meet my Mentor*" week, ask students to go to confession during a week and before next class.

- Also ask students to pray for the Holy Spirit's guidance so that they can wisely set goals and make action plans to achieve them. Then complete a *Contract with God*. Bring the contract back next week.

---

## **ADDITIONAL MATERIALS**

**How to create SMART goals**